

ENGLAND HIGH-PERFORMANCE SUMMER SOCCER CAMP

1st July - 15th July 2023

ekalosport



ENGLAND HIGH-PERFORMANCE SUMMER SOCCER CAMP



Ages: **14-18 years old, boys only**

Levels: **Intermediate/Advanced**

Location: **Manchester (UK)**

Training language: **English**

Coaches speak: **English**

Price for 2 weeks from:

A. International players: **£2.000*** full pension *(the flight tickets are not included in the price. The cost does include the journey from Manchester airport to the accommodation).* *If you sign up before 30 April the price will be **£1.750**

B. Local players: **£390** per 2 weeks
£200 only one week

England High-performance Summer Soccer Camps offer boys from 14 - 18 years old the chance to improve their skills alongside other football players from all around the world.

Goalkeepers receive specific training.



INFORMATION

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TRAINING

- **Skill level:** Intermediate/advanced Additional soccer
- **Education:**
 - Strength training & conditioning,
 - Diet & nutrition guidance,
 - Goalkeeping training
- **Students per training group:**
 - Groups 14 and 15 years old (25 players maximum)
 - Groups 16 to 18 years old (25 players maximum)
- **Training language:** English

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COACHES

- **Licenses:** Led by UEFA PRO Coaches
- **Experience:** Many coaches with experience coaching professional academy teams.
- **Languages:** English

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TRAINING FACILITIES

- 4 natural grass fields



CAMP SCHEDULE

MONDAY TO THURSDAY

07.00 - 08.30 BREAKFAST

08.30 - 09.00 TRANSPORT TO TRAINING FACILITIES

09.00 - 11.00 TRAINING SESSION

11.30 - 12.30 ENGLISH/LEADERSHIP COURSE

12.30 - 13.00 TRANSPORT TO RESIDENCE

13.00 - 14.00 LUNCH

14.00 - 14.30 TRANSPORT TO TRAINING FACILITIES

14.30 - 16.30 TRAINING SESSION

16.30 - 16.45 TRANSPORT BACK TO THE RESIDENCE

17.00 - 18.00 DINNER

18.00 - 19.00 ENGLISH/LEADERSHIP COURSE

19.00 - 20.00 SNACK

20.00 - 22.00 FREE TIME

22.00 - 23.00 BEDTIME

FRIDAY

On Fridays, the young athletes participate in a friendly football match.

SATURDAY

On Saturdays, they rest and recover.

SUNDAY

On Sundays, they usually have an excursion.

LANGUAGE CLASSES

The England High-performance Soccer Academy has partnered with the Stamford English Language Academy to offer English classes (levels A1 to B2) for their international participants.

Stamford Academy is accredited by the British Council and they're also certified as an official Cambridge ESOL Exam Preparation Center. The course is designed to focus on developing the four key language skills (reading, writing, speaking, and listening) in order to prepare the students to use English in practical situations.

The course also prepares students for one of the four main English language exams provided by Cambridge ESOL - Key English Test (KET), Preliminary English Test (PET), Cambridge First (FCE) Cambridge Advanced (CAE).

THE BENEFITS OF AN INTERNATIONAL EXPERIENCE

Studying abroad or even attending an international program in your own country is one of the best ways to step out of your comfort zone and experience personal growth. As students adapt to cultural differences and learn about other ways of life, they often improve their communication skills, problem-solving skills, and creative thinking. As a result, many students return home with more confidence in themselves and their abilities. Sharing a challenging and unique experience is also one of the best ways to make deep connections and lasting friendships. Students who study abroad together often remain friends for life.



ACCOMMODATION

Residence ready to welcome players, close to the sports facilities and the English Academy.

- **Name of the facility:** *to be confirmed**
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- **Location** (distance from training facilities): *10 minutes by bus from the academy*
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- **Types of rooms:**
-

- **Bathrooms** (private or shared): Private
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PROGRAM OBJECTIVES

- 1 To train with well-qualified coaches alongside other young, talented soccer players from all around the world
- 2 To live a unique experience learning about soccer in one of the most successful soccer countries in the world
- 3 To focus and work on your skills in a quiet, peaceful environment ideal for concentrating on improvement



CAMP VALUES

EDUCATION AND TRAINING

A summer football camp also has an educational component. The boys learn values such as **respect, companionship, solidarity, and competitiveness**. In addition, by living together for several days, they show other aspects such as knowing how to be on their own or responsibility.

You also learn how to improve your day-to-day life. How to eat better, how to treat your teammates, and much more. In addition, there are football camps where English, nutrition, or sports psychology classes are taught.



AMBITION



COMMITMENT



DIGNITY



Partner



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